

SUMMARY

4th year C who has started 48 consecutive games (plus 3 playoff games including Superbowl) at C not missing a snap, including starts in all 16 games played in 2017. Solely responsible for line calls under OC Bill Musgrave (3rd OC in 3 seasons), featuring a run heavy mixed gap and zone scheme where Paradis is the visible and verbal leader of the line. Possesses adequate height and weight and solid arm length, with good bend and overall good athletic ability who can lead a winning team with a good combination of fundamentals, mental processing, and competitive toughness. Very good Gap scheme blocker with solid get off from a good stance resulting in consistent first strikes, with good footwork particularly in Drive Blocking where he has very good engagements gaining ground against most competition. He displays good UOH, often play long particularly aggressive when getting north in drive blocks and almost always finishing violently. Shows good Zone blocking technique with good agility on reach blocks with active mid/lower body to hook defenders in fold blocks in O/S Zone or in Scoop blocks in I/S Zone maintaining the POA. Shows good mental processing in travelling to second level in either Gap or Zone, resulting in good play speed taking best angles against speedier 2nd and 3rd tier defenders. Diplays very good competitive toughness against top tier competition and especially during critical moments (i.e. Week 9 vs. PHI shrugging off a blindside hit to lead the team on the following drive physically and emotionally for a score). Good blocker in pass protection, starting pre-snap with his mental processing in making the line calls; a missed assignment is rare. Displays very good vision and recognition post snap; coupled with good rangy lateral movement and active UOH equates to very good strikes to interior lineman or even blitzing 2nd tier defenders. In BOB pass protection call, he is the center you want looking for work. On screen plays, displays good savvy for selling the pass protection (has an awesome release of rusher ripping his upper shoulder pad leaving defenders off balance or on the ground). Shows good play strength, handing the majority of engagements with 1-tech DT Bull rushes on a 1v1 basis with wide range of techniques (including wrench). Displays good anchor ability even to the best 2-tech/2i-tech/3-tech DT's such as PHI's Fletcher Cox. Struggles with ZB Reach blocks when moving to his right vs. interior lineman when his half-moon technique with his snapping hand gets repetitive or lazy leading to poor hand placement and loss of leverage. In Combo blocks, has instances not playing long enough engaging high with his shoulder and losing balance occasionally because of the lean created in his trunk. In pass protection, has trouble with quick slanting defensive lineman whose speed can overwhelm his frame causing him to lose ground quickly and recover weakly. Struggles with Swipes and Rip/Swim moves(sometimes due to the aforementioned snap hand, other times due to bull to speed rushes where a stabilizing single or double under technique could not be establishes. Overall, starting Center who is a key piece/leader of a run or pass geared offensive line, who you can with through a variety of strong fundamental techniques as well as competitive toughness and mental processing.